

Curriculum map : Year A

Subject: PE

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Reception	Moving/travelling in different ways.	<u>Dance</u> Moving to different types of music like the spider does. Use wool or string to weave webs outside.	<u>Gym</u> Moving like the different animals in the story. Climbing, jumping, sliding like the animals.	<u>Games</u> - Ball skills	Team games	Athletics
Year 1 and Year 2	<u>Dance</u> Perform dances using simple movement patterns	<u>Gymnastics</u> Master basic movements, developing balance, agility and coordination and apply these in a range of activities	<u>Dance</u> Perform dances using simple movement patterns	<u>Gymnastics</u> Master basic movements, developing balance, agility and coordination and apply these in a range of activities	<u>Dance</u> Perform dances using simple movement patterns	<u>Gymnastics</u> Master basic movements, developing balance, agility and coordination and apply these in a range of activities
Year 3 and Year 4	<u>Gym</u> Develop flexibility, strength, technique, control and balance	<u>Dance</u> Perform dances using a range of movement patterns Compare their performances with previous ones and demonstrate improvement to achieve their personal best) <u>Gym</u> Develop flexibility, strength, technique, control and balance	<u>Dance</u> Perform dances using a range of movement patterns Compare their performances with previous ones and demonstrate improvement to achieve their personal best	<u>Gym</u> Develop flexibility, strength, technique, control and balance	<u>Dance</u> Perform dances using a range of movement patterns Compare their performances with previous ones and demonstrate improvement to achieve their personal best
Year 5 and Year 6	<u>Gym</u> Develop flexibility, strength , technique, control and balance	<u>Dance</u> Perform dances using a range of movement patterns Compare their performances with previous ones and	<u>Gym</u> Develop flexibility, strength , technique, control and balance	<u>Dance</u> Perform dances using a range of movement patterns Compare their performances with previous ones and demonstrate	<u>Gym</u> Develop flexibility, strength , technique, control and balance	<u>Dance</u> Perform dances using a range of movement patterns Compare their performances with previous ones and demonstrate

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		demonstrate improvements to achieve their personal best		improvements to achieve their personal best		improvements to achieve their personal best
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